## CARING FOR A YOUNG BABY SURVEY

## Selected results at a glance

Survey 1 (April 2018)

1050

Survey 2 (June 2018)

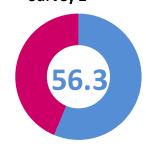
820

No. of participants completing each survey

donated to Perinatal Anxiety & Depression Australia **S4100** (PANDA) on behalf of participants who completed Survey 2



% of participants employed prior to the birth of their most recent child



% of participants who received paid parental leave from their employer



% of participants in a relationship

**100%** 

female



**68.2%** 

of participants had 1 child

**32.1** 

Average age of participants (years)



Average no. of weeks of paid parental leave received from employer

**63.6**%

of participants reported having some

level of flexibility in their paid job



% of participants who had returned to work at the time of the survey

43.6%



of participants reported that work responsibilities negatively impact on home/family activities

**63.1%** 

of participants reported doing more than their fair share of childrearing



48.4%

of participants reported doing more than their fair share of housework



26.4%



Being a parent is harder than I thought

<u>feel trapped as a parent</u>

I feel exhausted/worn out from my children

% of participants who reported getting enough help from their partner



91.3%

of participants reported that they are coping 'fairly well' to 'extremely well'

69.7% 50.1% 86.1%

% of respondents with possible or probable experience of postnatal depression (based on EPDS score)

